
This article deals with a curriculum based on a rationale that employs physical activity as the axis for change processes in a school. The aim of the article is to describe the common denominator shared by the activities in the curriculum that was implemented, the coherent foundations that enabled teachers to adopt the curriculum. The following coherent fundamentals were analyzed in the article: a. The values of cooperation and mutual responsibility; b. Encouraging independence and accepting personal responsibility. Examination of the connection between the many activities introduced as part of the curriculum and the coherent fundamentals, showed that these fundamentals are not fortuitous but rather are connected to factors that enabled the teachers to implement the curriculum in this school. Thus it is possible to conjecture that awareness of the coherent foundations of a curriculum may help teachers to adopt it